



ASK MOM

How She's Doing

Babies Thrive When Moms Get Support & Treatment for Postpartum Depression

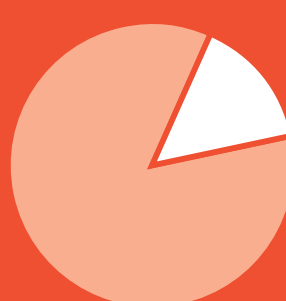
MANY AFFECTED... FEW GET HELP



as many as

1 in 5 MOTHERS

experience postpartum depression or other mental health challenges that interfere with early parenting.



Yet, **ONLY 15% RECEIVE TREATMENT**

Identifying and helping mothers experiencing perinatal mental health disorders protects the maternal-infant relationship and promotes the child's physical, cognitive and social-emotional development.

OPPORTUNITIES *in the* PEDIATRIC SETTING

- Pediatric providers are well positioned to help.
- Newborns and their mothers have frequent well visits in the baby's first year of life.

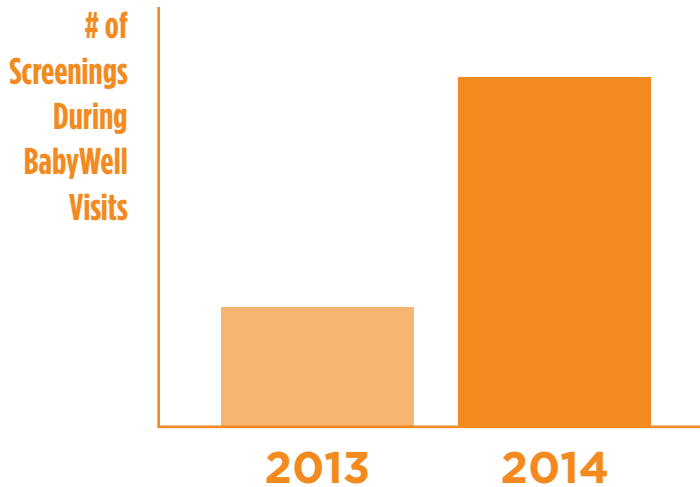


→ Insurers in Connecticut now pay for postpartum depression screening.

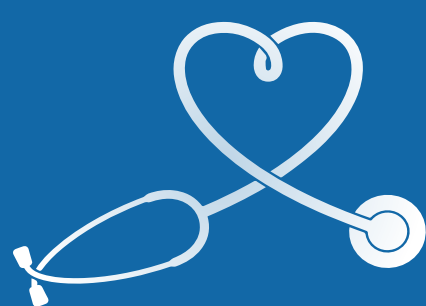
SCREENING IS ON THE RISE

in CT

- Data show more doctors are screening moms during baby well visits. The number of screens billed by pediatric providers in Connecticut through Medicaid nearly tripled from the previous year.



FREE TRAINING AVAILABLE



CHDI offers free training for pediatric health providers on maternal mental health disorders. The training includes screening tools, billing codes and local treatment referrals. Continuing Medical Education and Maintenance of Certification credits are available.



→ **LEARN MORE AT:**

www.CHDI.org/epic or 860-679-1527